

Safety. Connection. Community. All on one trail.



89%
of participants
say trails
improve their
quality of life.



Daily walks prevent
1 in 10
early deaths

from heart disease, stroke,
and a number of cancers.



\$1 invested in
trails yields
\$3 in health
savings

from reduced rates of
obesity, heart disease,
and chronic illness.



Children in the
U.S. spend only

4-7 mins

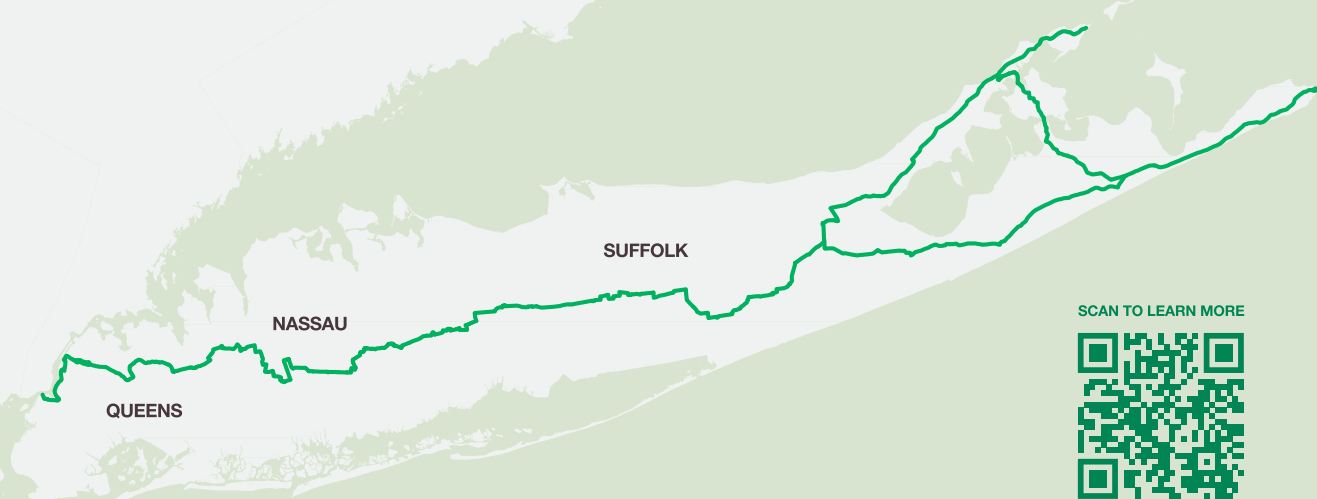
per day in unstructured
outdoor play, compared to
7.5 hours daily on screens.



Traffic crashes involving
pedestrians and cyclists are the

leading cause
of accidental death

for Long Islanders ages 5–19.



SCAN TO LEARN MORE



The Long Island Greenway

Trust for Public Land and Friends of the Long Island Greenway are creating the Long Island Greenway—a 200-mile trail stretching from Battery Park to Montauk. This new route will spark economic activity along the corridor while giving families a safe, convenient way to walk, bike, commute, and explore the outdoors together.

The Long Island Greenway will show what's possible when we design our communities around people, not cars.