



National Walk to a Park Day 2025 Toolkit

National Walk to a Park Day is October 10th.

Join Trust for Public Land in celebrating the parks we have and bringing attention to the parks we need.

On October 10, cities across the country will honor National Walk to a Park Day. It's a chance to celebrate the green spaces that connect us, and also to commit to protecting and expanding parks access for every community.

As a city leader, you know the importance of shared green spaces—for neighbors to connect and children to play—and that they are not guaranteed. Our public places and lands are at risk, and the choices you make today will determine whether parks and public lands remain places for everyone. This day is both a celebration and a call to action: to protect the vital green spaces that make cities inclusive, environmentally healthy, and economically strong.

On National Walk to a Park Day, join us to highlight your leadership, make the case for protecting and expanding public lands, and show how your city is working to safeguard these vital community assets.

Here, you'll find resources to:

- **Proclaim October 10 as Walk to a Park Day** in your community, signaling your city's commitment to keep public land in public hands and expand access to parks.
- **Make the case for parks** as essential to health, climate resilience, economic vitality, and civic trust. You can reference talking points and reports found in this toolkit
- **Reestablish your 10-Minute Walk Commitment**, reaffirming your promise to ensure every resident lives within a 10-minute walk of a park.

Let's make National Walk to a Park Day a moment that amplifies the role parks play in building strong communities and vibrant cities. Together, we can make sure every neighborhood has a nearby park, and every resident can share in its benefits.

How to Get Involved

Issue a Proclamation on National Walk to a Park Day

National Walk to a Park Day is an opportunity to showcase your commitment to parks. Make it official by issuing a Walk to a Park Day proclamation! You can **adapt the template** [here](#) to meet your city's vision and needs.

Make the Case for Parks

Parks are one of the few things all Americans agree on—across party lines, people support protecting and investing in parks. Parks help boost economic vitality, bridge social divides and build community trust. They provide physical and mental health benefits and make our environments more resilient. Use TPL data and information from these [background and talking points](#) to help you make the case to protect and preserve parks and public lands.

You can also use and personalize this [social media copy](#) to share your commitment and encourage your community to celebrate the day with a walk to a park!

Commit or Re-Commit to the 10-Minute Walk Vision

Your city has signed on to the 10-Minute Walk commitment, but National Walk to a Park Day provides an opportunity to re-commit to parks and share your announcement with constituents.

You can recommit [here](#)! Make sure to share your commitment on social using:

- [Facebook](#): @TheTrustforPublicLand
- [Twitter](#): @tpl_org
- [Instagram](#): @trustforpublicland
- [LinkedIn](#): @the-trust-for-public-land
- **Campaign Hashtag**: #WalkToAParkDay